

**BEFORE THE OREGON
STATE BOARD OF NURSING**

In the Matter of) **STIPULATED ORDER FOR REPRIMAND**
KAY FROEMMING, RN, PNP) **WITH CONDITIONS OF REGISTERED**
) **NURSE LICENSE AND NURSE**
) **PRACTITIONER CERTIFICATE**
License No. 000028702RN, 000028702N2) **Reference No. 12-00314**

The Oregon State Board of Nursing, (Board) is the state agency responsible for the licensure and regulation of registered nurses and nurse practitioners in the State of Oregon. Kay Froemming (Licensee) is a registered nurse (RN) and a nurse practitioner (NP) in the State of Oregon. The Board first issued her RN license on August 20, 1971 and her NP certificate on April 27, 1977.

Licensee, a pediatric nurse practitioner, self-prescribed trazadone for sleep from approximately 2008-2011 and self-prescribed prednisone on one occasion in 2009. Licensee self-prescribed the drugs initially for convenience because she had depleted her supply of medication (previously prescribed by her physician) but continued this practice until questioned by a pharmacist in April 2011. Licensee realizes that this practice was in violation of rules and regulations related to prescribing practices.

The above conduct is a violation of the provisions of **ORS 678.111 (1) (f); and OAR 851-045-0070 (10) (b); 851-050-0005 (8) (a) and (g); 851-056-0016 (1) and (2) (d) and (c) and (h); and (i); and (4) (b)** which reads as follows:

678.111 Causes for denial, revocation or suspension of license or probation, reprimand or censure of licensee. In the manner prescribed in ORS chapter 183 for a contested case:

(1) Issuance of the license to practice nursing, whether by examination or by indorsement, of any person may be refused or the license may be revoked or suspended or the licensee may be placed on probation for a period specified by the Oregon State board of Nursing and subject to such condition as the board may impose or may be issued a limited license or may be reprimanded or censured by the board, for any of the following causes:

(f) Conduct derogatory to the standards of nursing.

Conduct Derogatory to the Standards of Nursing Defined
851-045-0070

Nurses, regardless of role, whose behavior fails to conform to the legal standard and accepted standards of the nursing profession, or who may adversely affect the health, safety, and welfare of the public, may be found guilty of conduct derogatory to the standards of nursing. Such conduct shall include, but is not limited to, the following:

(10) Conduct related to advanced practice nursing:

(b) Prescribing or dispensing medications to one's self.

Nurse Practitioner Scope of Practice

851-050-0005

- (8) The nurse practitioner will only provide health care services within the nurse practitioner's scope of practice for which he/she is educationally prepared and for which competency has been established and maintained. Educational preparation includes academic coursework, workshops or seminars, provided both theory and clinical experience are included.
- (9) The scope of practice as previously defined is incorporated into the following specialty categories and further delineates the population served:
 - (g) Pediatric Nurse Practitioner (PNP) – The Pediatric Nurse Practitioner independently provides health care to persons newborn to young adulthood.

Conduct Derogatory to the Standards for Prescriptive or Dispensing Authority

851-056-0016

- (1) The Board may deny, suspend, or revoke the authority to write prescriptions and/or dispense drugs for the causes identified in ORS 678.111 (1) or with proof that the authority has been abused.
- (2) The abuse of the prescriptive or dispensing authority constitutes conduct derogatory to nursing standards and is defined as:
 - (c) Prescribing, dispensing, or distributing drugs to an individual who is not the clinical nurse specialist's or nurse practitioner's client unless written under Expedited Partner Therapy guidelines from the Department of Human Services or is not within the scope of practice or type of client population served;
 - (d) Prescribing, dispensing, or distributing drugs for personal use;
 - (h) Failure to properly assess and document client assessment when prescribing, dispensing, administering, or distributing drugs

Licensee admits her conduct constitutes violations as described above and wishes to cooperate with the Board in resolving the present disciplinary problems.

Licensee understands that this Stipulated Order for Reprimand with Conditions will be submitted to the Board for approval, and that it is subject to its confirmation.

Licensee understands that, by entering into this Stipulated Order for Reprimand with Conditions, she waives the right to an administrative hearing under ORS 183.310 to 183.550.

Licensee understands that this Stipulated Order for Reprimand with Conditions will become a public record when the Board issues an order implementing it.

THEREFORE, the following will be proposed to the Board and is agreed to by Licensee:

That the registered nurse license and nurse practitioner certificate of Kay Froemming will be reprimanded, and that she will comply with the following conditions:

Licensee shall complete two formal courses of study with one course focusing on prescribing practices as related to the nurse practitioner role including components specific to rules and regulations of the state of Oregon. The second course will focus on professional liability and accountability. The course or combination of courses taken must total at least four (4) nursing/continuing education contact hours per topic. Licensee may utilize in-person training or seminar, online training, teleconference, webinar, journal articles or other forms of continuing education or a combination of learning methods to meet the conditions of this stipulation. Board staff must be made aware of and approve each course in advance.

Licensee shall provide proof of successful completion of these courses by providing the Board a copy of either a certificate of completion or an official transcript.

Licensee shall complete the course of study and submit her certification of completion to the Board by May 18, 2012.

Licensee, by her signature below, attests that she has read and understood this Stipulated Order for Reprimand with Conditions, and declares that no promises, representations, duress, or coercion have been used to induce her to sign it.

IT IS SO AGREED:

Kay Froemming, RN, PNP

Date

IT IS SO ORDERED:

BOARD OF NURSING FOR THE STATE OF OREGON

Kay Carnegie, RN, MS
Board President

Date